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# Mother's DAY OUT



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**O**LD mothers in endless Hindi movies have shrilled to their wayward sons that one can't repay a mother's love. And weeping heads in cinema halls have quietly bobbed to the soundtrack. That was until the greeting-cards companies, which have turned thanksgiving into an industry, brought Mother's Day to India and said you could do it with words. Florists said do it with roses. Now the spa industry says do it with ylang-ylang and adds, sotto voce, it won't cost much.

On Mother's Day on Sunday, Delhi's spas are raining discounts. If you want to treat your Ma to aromatherapy massage, followed by an hour of hair treatment and brunch, then head straight to The Park's Aura and opt for Mama Mia — a three-hour session that claims to reduce the effects of ageing. There is also Irish Touch — a face and back massage that lasts 75 minutes. "These packages include massage, body wrap and facial or hair styling," says Saurabh Khanna, manager, Aura. They come at a discounted price of Rs 5,500 and Rs 2,500 respectively.

If mother and daughter are looking to spend some quality

time at a laser session, then head to Asian Roots. Mom can get a spa treatment or a skin-tightening package while the daughter gets a complimentary laser session or pedicure, along side manicure. The combo comes for Rs 5,000, not bad considering a laser session alone costs Rs 3,000 otherwise. "These are exclusive Mother's Day offers," says Anni Kanwar, owner of Asian Roots. But at Westin Spa and Resort, the discount celebrations last until May 13. Its bonding package includes two body scrubs or two facials for the mother and the daughter — and they can choose from five options in which the ingredients range from red wine to green tea. The package costs Rs 7,000 plus taxes, a discount of about 30 per cent.

Harnn, the new spa at MGF Metropolitan Mall, Saket, is also offering a one-hour session at Rs 1,900. Choose from the various massages, including the Thai Heritage Massage. And walk out with a complimentary bag of Harnn products. And probably a glowing Ma.

## Contact

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